

# Sweetpeas

## Daily Routine

8:00 - 8.45	Breakfast
9:00	Morning circle time (welcoming the children, exploring feelings, explaining what is planned for the day and songs)
9.15	Planned adult led activity / Independent play
9.45	Nappy change Snack time
10.00	Outdoor play (park or garden) – if in the garden free flow will be offered between indoors and outdoors if the weather permits
10.50	Come inside Tidy up time
11.00	Nappy change Carpet session (reading core text, feeling check and songs)
11.15	Prep for lunch – wash hands and set up tables
11.30	Lunch
11.50-2.00	Nap time – Children begin to wake up between 12:30 and 2:00 12:15 am children go home
1:30	Afternoon children join us Independent play
2.00	Snack time / Nappy change as they wake Adult led activity alongside invitations to play
3.00	Outdoor play (park or garden) – if in the garden free flow will be offered between indoors and outdoors if the weather permits
3.45	Come inside / tidy up time Carpet session / Prepare for tea
4.00	Teatime
4.30	Nappy change Independent play
5.00-6.00	Quiet time / Home time