

Adult Learning Disability Teams

Support for family carers of adults with a Learning Disability

Who are we?

We are specialist health professionals - Learning Disability Nurses, Psychologists, Occupational Therapists, Speech and Language Therapists, Physiotherapists and Psychiatrists.





What can we do?

We are hearing from you what a difficult time this is for many families and carers. We wanted to let you know that we are still here to support the person you care for with their communication, behaviour, physical and mental health. We can support you with these health issues directly and provide useful information to help.

https://www.sussexpartnership.nhs.uk/coronaviruscovid-19-information-people-learning-disability

Please do call us if you would like to discuss the person you care for. We can decide together what might be helpful for your loved one.



Finally, we'd like you know that we believe you are the unsung heroes in this pandemic and are here to help you through it.