



#eat20

Raising money in aid of Dementia Support

Frequently Asked Questions

Is dementia and Alzheimer's the same thing?

Dementia is the name for a group of symptoms and diseases associated with the ongoing decline of brain function. Dementia can affect a person's memory, problem solving, perception, language skills and other mental abilities. Alzheimer's disease is the most common form of dementia in the UK. However, as with many types of dementia, the exact cause of Alzheimer's disease is not yet fully understood.

Dementia is caused by diseases that damage nerve cells in the brain. The symptoms that someone with dementia will experience varies according to which part of the brain is affected and the disease that is causing the damage.

Why Meet and Eat?

'Meet and Eat' is a fundraising event that we are launching to help us raise funds. We need the support of our local community to fundraise on our behalf to ensure our services can continue to be delivered. Meet and Eat is an easy and enjoyable way to get together, physically or virtually, have fun and raise vital funds whilst doing it.

What is Dementia Support?

Dementia Support is a charity established in 2014 by a group of local people in West Sussex whose families had been affected by dementia, and who were appalled by the huge gap in support services. They had a vision to provide a joined-up approach to accessing dementia services, putting people's individual needs at the heart of the charity.

How is Dementia Support funded?

As a charity, Dementia Support relies on voluntary donations and does not receive any government funding. From June 2019, 3% of funding received comes from statutory sources. Fundraising is essential to ensure the services we provide can continue.



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Why is my fundraising so vital?

Dementia Support needs to raise funds to deliver all the services available to anyone affected by memory loss. Today, over 15,000 people are living with dementia in West Sussex and there are 5,500 people just within the area currently covered by Dementia Support. The number of people living with dementia continues to grow nationally and there are few services available, and none that offer the range of services available at Sage House.

We need the support of our local community to fundraise on our behalf to ensure our services can continue to be delivered. Doing your own fundraising activity is an easy and enjoyable way to get together either face to face or virtually via the internet, have fun and raise vital funds.

Are Sage House and Dementia Support the same thing?

Sage House is the dementia support hub in Tangmere that was set up by Dementia Support. Dementia Support manages the service and raises the funds to enable Sage House to operate.

How else can I help Dementia Support and Sage House?

There are many ways you can continue to help Dementia Support, such as:

- Through a monthly donation – you can set one up via our website
- Volunteer at Sage House – contact us for more information
- Help us at fundraising events or give a talk – contact us to find out how

Contact: fundraising@dementia-support.org.uk / 01243 958460

I would like to volunteer at Sage House – who do I contact?

We rely on the help from a number of volunteers to deliver our activities both in Sage House, with fundraising and going forwards, out in the community.

Thank you so much for your support.

I know someone with dementia, how do I get them help?

You can call us at Sage House on 01243 888691 and someone will be happy to help.