



Top Tips to Promote Your meet and eat Event

Thank you so much for choosing to support your local dementia services by holding a meet and eat event. We would love to hear from you about what you are planning and if you need any advice on how to set up your event.

If you choose not to meet face to face, you can still raise much needed funds and get others involved... you just need a little imagination and some help from technology to take your idea virtual! (See our Host Guide for more tips).



Brand it!

As a small charity we have limited resources and don't offer lots of 'freebies'. However we have produced a range of resources that you can download from our website, to print and create yourself!

Print and make paperchains (which can also be used as napkin rings), cake toppers, placemats and place setting cards. Or add our virtual background for your remote get together. You can #eat20 brand your event as much as you want!

Use a Dementia Support Collection Box

We know asking people for money isn't always easy but the best way is to be upfront with them. Display our Dementia Support cardboard collection box in a prominent place at your meet and eat event. Let us know if you'd like a collection box and we'll send one out to you!

Set up an online Fundraising Page for remote donations

Set up your fundraising page at www.totalgiving.co.uk/charity/dementia-support and send the link out with your invitations! Make it cashless and easy for your guests to donate remotely or via text to donate.



Share, Share, Share!

Social media is the best way to tell people about your #eat20 fundraising event. Make some noise with posts, tweets and pictures!

To enable us to track what you're up to – please use the following social media tags:



#DementiaSupport #eat20 #WorldAlzheimersMonth

You can share directly to Facebook, Twitter and Instagram if you've set up your own #eat20 fundraising page at www.totalgiving.co.uk/charity/dementia-support

You can also create your own photo gallery on your fundraising page which is a great way to get people excited about your event.

Get in touch!

Tell us what you're up to or for more information email or call us:





fundraising@dementia-support.org.uk



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Thank you so much for your support.