



Your guide to unforgettable team events in The New Forest

Escape the office, spark connection
and embrace the fun of **outdoor
adventure**



Fun Team Building Days

Here's your chance to plan a team day that **actually** gets people talking (in a good way).

**CALL 01590 612377
TO SPEAK WITH AN
EXPERT TODAY!**

Build stronger teams with fresh air and real connection

You want the organising of your next fun team day out to be easy but exciting, right? Let us shake things up a bit.

At New Forest Activities, we know that real team bonding doesn't happen around a flip chart or over stale biscuits in a beige meeting room. It happens when you're out in the fresh air, doing something new, and having a laugh along the way.

Whether your crew needs a break, a boost, or just a good excuse to escape the office, our outdoor team building days are all about **recharging, reconnecting, and having a good time.**

So if your team could use some fresh air and fresh vibes — you're in the right place.

Turn the page to plan your next team adventure with **our simple checklist**—making it easy to create a day your team (and boss) will rave about.

Also... If you book with us, you even get a **£100 voucher** to spend for being **the best team day out organiser!**

**BUSINESS
INSIDER**
UK

"We were looking for team bonding and fun! Everyone really enjoyed themselves (even those who thought they wouldn't) I think it was perfect for team building. I would recommend and potentially return if in the same area again."



Your ULTIMATE Team Build Planning Checklist

If you take anything away from this guide, let it be this simple checklist! This is your essential tool for planning the best team day out, wherever you choose to go.

NAIL THE BRIEF

- ☐ Group size
- ☐ Date for the event
- ☐ Budget
- ☐ What are your objectives? A celebration, to boost morale, improve communication?
- ☐ History of team builds - what have you done before as an event, what did the team enjoy?

GET THE EVENT SIGNED OFF/CONFIRM FINAL DETAILS

- ☐ Are dietary requirements catered for?
- ☐ Accessibility needs covered?
- ☐ Exact number of people coming?
- ☐ Get the go ahead to book it in!
- ☐ **Let your team know the plan!** Share the programme, directions to the location and any information from your provider

LOGISTICS

- ☐ Transportation - how are you getting there and is there parking?
- ☐ Catering - what is available?
- ☐ Is this event able to be all inclusive?
- ☐ Can you provide me with health and safety checks/risk assessments?
- ☐ Liability waivers to be signed?

AFTER YOUR EVENT

- ☐ Did you achieve your objectives?
- ☐ Get feedback from the team
- ☐ Share your experience on company socials
- ☐ **Claim your £100 voucher as a job well done for organising!**

Plan a Team Day That Delivers

Want to chat through what we can offer and build the perfect day for your team? Just fill in our 'Plan Your Trip' form.

Want to chat through what we can offer and build the perfect day in the great outdoors for your team? Just fill in our 'Plan Your Trip' form.

Got time for a quick call? We'll give you a ring. If you prefer to keep it to email, no problem — we'll send over a personalised programme based on your answers.

No pressure, no pushy sales chat. Just good vibes and great planning.

To get the most out of your enquiry, check out our quick explainer video, fill in the form, and let's start creating your team's next adventure.

**Rewarding for your team.
Rewarding for you.**

Book your team away day with us and enjoy a bonus treat - a personal £100 voucher to say thanks for making it happen.

**[CLICK HERE](#)
TO FILL IN YOUR
PLAN MY TRIP
FORM!**



Our Activities

Choose from the below options to make it a day to remember

Canoeing

Explore the stunning Beaulieu River together — a relaxing and scenic way to connect, chat, and work as a team without the pressure.

BattleZone Laser Tag

Team tactics, adrenaline, and a whole lot of laughs. Get competitive (in a friendly way!) and bring out the team spirit as you duck, dive, and strategise to win.

Ropes and Team Challenges

Challenge yourself and your teammates with high and low ropes obstacles. It's all about trust, encouragement, and stepping outside comfort zones together.

Kayaking

A fun, energising way to explore the river together. Whether paddling solo or paired up, it's all about shared adventure, communication, and boosting team energy on the water.

Bushcraft

Slow things down with fire lighting, shelter building, and back to nature skills. A fun, creative way to reconnect, problem-solve and think differently as a team.

Archery

Sharpen your focus and cheer each other on as you aim for the bullseye. It's competitive, light-hearted, and great for encouraging support and celebration within the team.



The ultimate FUN team building package...

A powerful mix of rest, reward and real connection, far beyond your average away day.

Embark on a day out that gives you time to recharge and reignite bonds within your team. A day outdoors is guaranteed to break down barriers, relieve any external pressures and focus on rebuilding bonds within your team.

What's Included

Full day of instructor-led outdoor activities at a beautiful forest or riverside location

Choice of activities (see our list available)

Professional, friendly instructors ensuring smooth flow and engagement

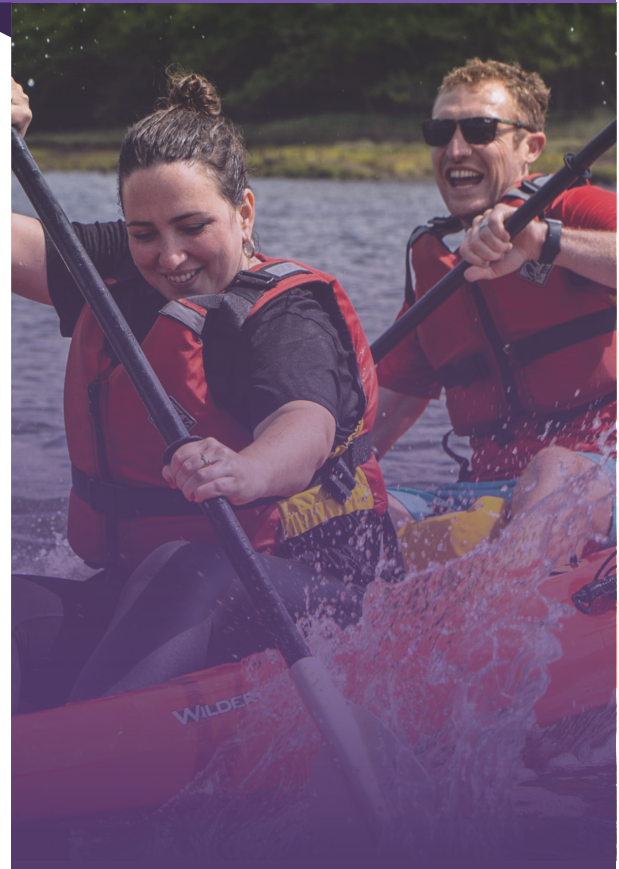
Catered woodland buffet lunch & hot drinks throughout the day

All equipment, waterproofs and warm fleeces as required

Most importantly, a chance to embrace the outdoors and truly understand the joy in stepping into nature

Please note: we offer discounts and special deals for charities and NHS deals.

From £119+VATpp



AMAZING
outdoor
adventures...

Team Day Upgrades...

Catering

We use a local New Forest caterer to provide food for your team. As well as the buffet lunch that is included in your day with us, we can arrange breakfast on arrival and/or a post team bonding BBQ bespoke to your dietary requirements and needs.

Mini Bus Hire

For smaller groups, we can provide you with our 16 seater mini bus to transport you between activity sites. We can also coordinate pick ups and drop offs from your chosen location at the start and end of your event.

Photography Service

Capture the spirit of collaboration and adventure with our photography service. Providing your team with lasting memories with a team photo and a video highlight reel of your time with us.



Event Organisation

We can assist in organising the logistics beyond your activities. We've got trusted local partners right here in the New Forest who can provide comfortable stays and fully equipped meeting rooms. Let us take care of the details — all you need to do is turn up and enjoy the day.



Half Day Events

Do you have a few hours to enjoy some team bonding? We've got you covered.

OUR TOP PICK: *Paddle to the Pub*

One of our most loved half-day options, this relaxed adventure sees your team paddling down the stunning Beaulieu River before stopping off at a riverside pub for a well-earned drink. It's the perfect mix of movement, conversation and winding down together — all with a view. Whether your team's celebrating a win or just needs a midweek boost, it's a refreshing way to reconnect.

If a half day works best alongside your wider team day plans, we've got you covered. Just a few hours outdoors can make a big impact, with all the proven benefits of nature and none of the office distractions.

"It was great to see them all working together, bonding. It was all in all a fantastic day!"



Tried, Tested, Team Approved

Real teams. real laughs, real feedback - hear and see their experiences for yourself!



“A lot of us have fears of heights and have tackled those here, learning to trust each other, that kind of thing. But I feel like everybody is going to walk away from the end of the day today feeling more together, close knit, and it's been nice to see some friendships growing.”

Check out Clarasys fun team building day with us in the woods [HERE](#).

NHS




Lifeboats

VUEPOINT


**THE NEW
FOREST
FRUIT CO. LTD.**

“I think a personal highlight for me has been seeing people in the company from different levels all just coming together. I think being able to do activities like this is really important for our team's dynamics because it brings us together.”



See the Passenger Clothing team take to the water for a fun team bonding experience [HERE](#).

OUR PAST CLIENTS...



We have worked with some fantastic teams over the years and are so pleased to see they have got the true ROI by joining us for a day of outdoor team bonding.

“Team bonding, a day full of laughs, archery, laser tag and even getting hands on making our own coffee over a fire! We left feeling energised, connected, and set up for our return back to the workplace.”

Della Woods

Contract Manager, J&B Hopkins


ExxonMobil

Organix

Google

LinkedIn

**BUSINESS
INSIDER
UK**



“This is either our fifth or sixth time with New Forest Activities. I deliberately wanted to come back because I have seen how much of a difference this whole day's worth of activity has made in bringing people closer together.”

Mike Evans

Senior Consultant, Clarasys



Venue Hire

Exclusive activity centre hire on Beaulieu Estate

**CALL 01590 612377
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EXPERT TODAY!**

Exclusive venue hire in The New Forest!

Hire our activities centre located on the Beaulieu Estate, just 20 minutes from Southampton.

Provide your staff, friends, customers and suppliers with a day to remember. Our venue offers indoor and outdoor spaces, BBQ and other catering options, with a full range of outdoor activities suitable for children and adults alike.

Exclusive use of our site is available both midweek and at weekends, year-round, subject to availability. The activities and event programme will be built to your specification, depending on how many people you want to attend and how much action and adventure you want to pack in!

Here's what we'll work with you to arrange:

- A variety of great outdoor activities, delivered as a 'come try it session', in a 'teams' format or a mixture of both.
- A balanced programme of fun and adventure, based on your numbers and goals. Group sizes can range from 20 to 100+ with activities for all levels of confidence and fitness.
- Catering through a BBQ or other catering options, available to us through our network of suppliers.

On site activities include:

- Archery
- Ropes courses, both Low, High, Team and Individual Elements
- Bushcraft
- Team Challenge Activities
- BattleZone Laser Tag
- Canoeing & Kayaking*

*Water sports options require 10 min long minibus transfers to and from our River Base.



A photograph of two women in a river, wearing life jackets and caps, smiling. The woman in the foreground is wearing a dark cap with 'NEW FOREST ACTIVITIES' and sunglasses. The woman in the background is wearing a light-colored bucket hat and sunglasses. Both are wearing orange life jackets with 'NEW FOREST ACTIVITIES' and 'Polar' logos. They are in a blue inflatable boat on a river with trees in the background.

Team Development

Bespoke events to reach your goals

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Bespoke Team Development That Lasts Long After the Day Ends

Some teams need more than just a boost, **they need a breakthrough.**

That's where our bespoke Team Development Experiences come in.

Forget tick-box away days, we help teams stuck in tired routines, drained by office life, and let down by uninspiring past attempts.

We offer something different, **meaningful outdoor challenges with purpose.** Canoe journeys that rebuild trust. Archery that sharpens focus. Facilitated moments that turn fun into lasting breakthroughs.

Every experience is shaped around your goals. Whether you're welcoming new starters or re-energising after a tough quarter, **we help teams reconnect and move forward — together.**

Ready to build something better with your team?
Get in touch to start planning your bespoke experience.

"The feedback from the team today so far has been excellent and nothing but positive about the activities and the support provided by New Forest Activities."

Click [here](#) to watch a team building event we ran with Southampton football club.





Book a call with one of our experts *today*

Choose a date and time to suit and we'll help you
start planning your event.

Find us on



New Forest Activities

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