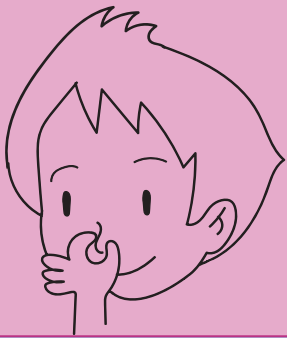


How do we taste?

All you need is your nose and some skittles

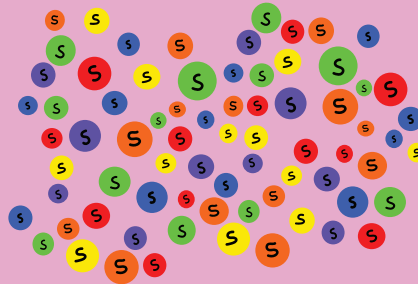
Step 1

Pinch your nose really tight



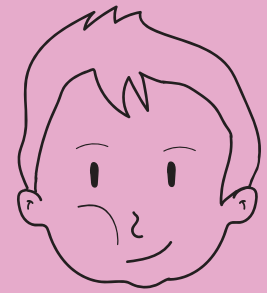
Step 2

Place Skittle in mouth and chew a little



Step 3

Release nose to see what happens



The science behind it:

When you eat, molecules from your food travel up the back of your throat into the nasal cavity, where they activate your odour receptors.

Your sense of smell makes up 70% of your taste.

Pinching your nose stops the circulation of the molecules to the nasal cavity.

When the nose was released, the molecules could travel up again... and you got an explosion of taste!