

Trips for P4 - S6 Students

Day Trips and Residentials

We think that **great** school trips in the
great outdoors do **great** things.





Archery
Aim for the bullseye!



Gorge Walking This one is exhilarating!

What kind of trip are you looking for?

Our blend of activities coupled with our comfortable and welcoming accommodation facilities means that we can offer a multitude of learning experiences to suit Primary 4 to Secondary 6 students.

Half Days

Ideal to support shared, social development and skills, you can choose from any single activity in the great outdoors for your P4 to S6 group. We can tailor that activity to provide curriculum outcomes or we can just fill them with fun!

Full Days & Multi Days

Need longer? Our full day or multi day programmes, promote learning outside the classroom, with a mix of water and land based activities, designed to encourage creativity, set challenges and promote adventure.

Residential Trips

Residential trips are often the most memorable experiences from our school years. Opportunities for self discovery, skill development and broadening horizons, our multi day experiences coupled with our bunkhouse accommodation tucked away amongst the Cairngorms hills are perfect for filling their end of term residential with adventure.

A range of fun activities for all ages and abilities.



FOR EVERY 10 STUDENTS YOU BOOK, YOU'LL GET A TEACHER PLACE FOR FREE!

Raft Building

Teams will need to work together to construct their rafts.

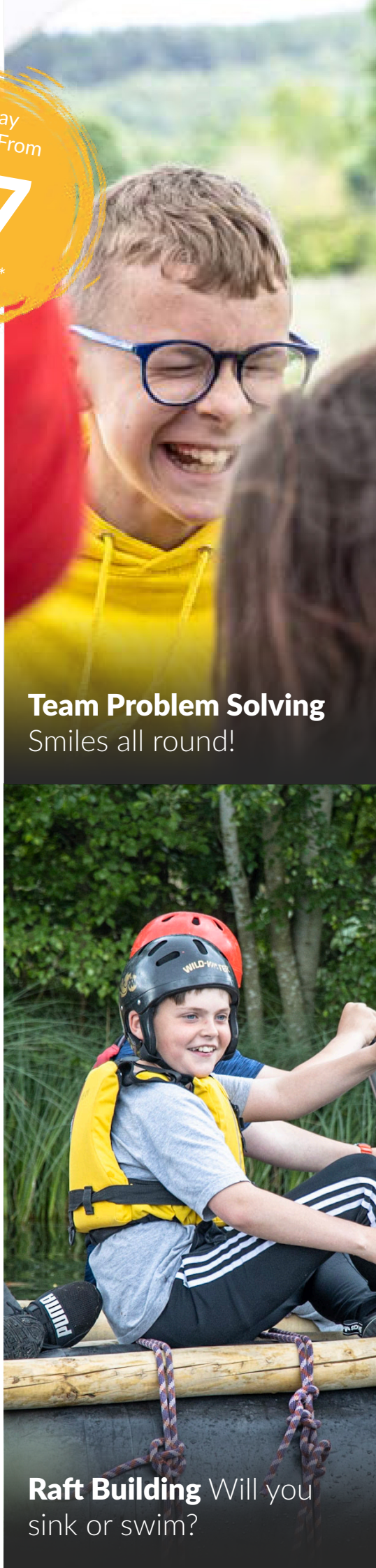
Bestselling Day Trips

We've pulled together a collection of our **best selling** activity days to create ready made trips for you to choose from. Create a multi day trip by bolting together any of the day programmes below, or get in touch and we'll create your custom event.

Half Day Activities From
£27
per person*

Programme	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	
Up to 16 Participants Split into 2 groups	Arrivals	Kayaking			Lunch	Gorge Walking			Departures
Up to 24 Participants Split into 2 groups		Canoeing				BattleZone Laser Tag			
Up to 32 Participants Split into 2 groups		Archery				Team Problem Solving			
Up to 60 Participants Split into 2 groups		Highland Games				Raft Building			

*Half day prices start from **£27 (+VAT) per person** for one 2.5 hour session. If choosing Canoeing or Gorge Walking, these are charged at **£32 +VAT per person**. Choose two activities to fill a day from **£52 (+VAT) per person**. Students will need to bring a packed lunch or we can organise catering for **£8 (+VAT) per person**. Activity order subject to change. Itineraries above are a guide, but can be tailored to your group, just get in touch!



Team Problem Solving
Smiles all round!

Raft Building Will you sink or swim?

Water Sports

Our on-site purpose built paddling pond is the perfect beginner-friendly environment for those heading out for their first splash, or for those with experience looking to improve their skills.

Our instructors will be on hand to provide coaching and fun throughout our water-based sessions, with the aim to get your students **confident** in their craft.

For older students, we also run guided canoeing on the stunning River Spey where students can really put their paddling skills to play. These expedition based sessions will have students paddling on calm moving waters, with small rapids and currents to add a little challenge along the way.

Not sure about water?

Sometimes the idea of being on the water can be anxious for some, but we have plenty of tricks up our sleeve to make sure that we can adapt craft, sessions and groups so people can work at their own levels inside a comfort zone, yet be stretched just a little more.



Stand-Up Paddleboarding
Balance and coordination are key!

Canoeing

Confidence grows using 2-3 seater stable Canadian canoes to practice skills on our purpose built paddling pond. Students will be required to work together to paddle and manoeuvre their boats effectively. **For P7 students and above**, we can look to provide expedition based sessions taking place on the beautiful River Spey.

SUP

Develop self and spatial awareness on a stand-up paddleboard, mastering balance and coordination while having a blast on the water. Build independence, resilience, and teamwork as we practice skills on our purpose-built paddling pond. Take it up a notch with our **Mega SUP**, where the whole group can join the fun together, testing communication and teamwork in an unforgettable experience!

Raft Building

Using a variety of equipment (barrels, planks and ropes) students will be split into teams to communicate, plan and construct their craft. The ultimate design test will then be, to take to the water.

Gorge Walking

A truly exhilarating experience, your group will walk, wade, scramble and clamber up small waterfalls, gullies and chutes. The **optional** 10-foot jump into the pool below awaits your group at the top of the gorge. Then we'll slip and slide our way back down!



Canoeing On the River Spey.



Gorge Walking Slip, slide and scramble!



Bushcraft

Bushcraft and camp skills are all about learning to be equipped and comfortable outdoors in an interesting and hands on way. This could be anything from building shelters and fire lighting, to foraging and tracking. Choose to prepare meals or cook lunch over the fire you've just built.

Archery

A technical activity; learning the art of Archery develops a sense of routine and calmness of mind. Fine and gross motor skills will be honed at the archery range through a variety of games and competitions. Take care; chasing that gold can become addictive!



Bushcraft Surviving in the wild.

BattleZone Laser Tag

BattleZone is the ultimate team challenge, requiring strategic thinking, clear communication, and a sense of adventure. Using safe, infra-red gaming technology with no projectiles, students will work together to outwit their opponents and complete exciting combat missions.

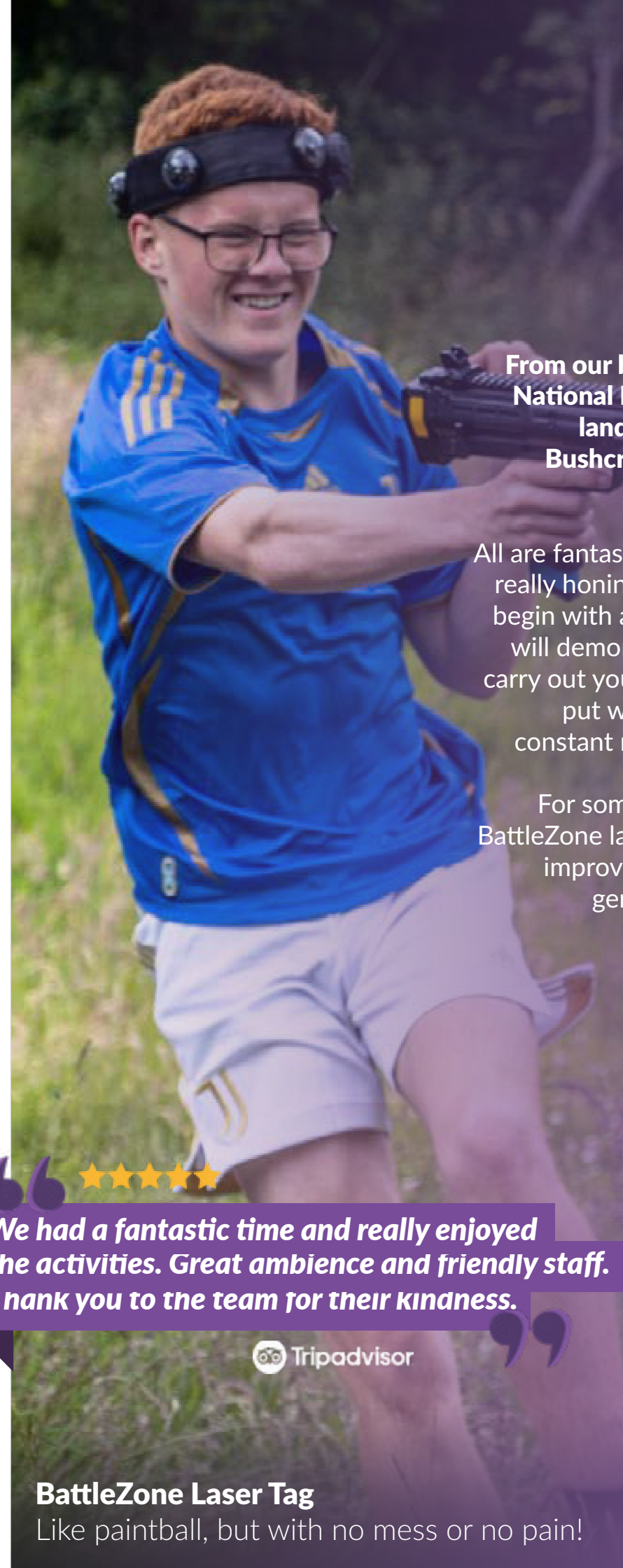
Teamwork and collaboration are key to achieving victory in this action-packed activity, making it a thrilling addition to any school residential program!

Land Based Activities

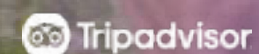
From our beautiful location in the Cairngorms National Park, we're able to provide a host of land-based activities including Archery, Bushcraft, Team Problem Solving and Mini Highland Games (to name a few!)

All are fantastic for personal development and for really honing and perfecting new skills. Sessions begin with a briefing and our activity instructors will demonstrate the correct and safest way to carry out your chosen activity. Students will then put what they've learnt into practice, with constant mentoring and feedback throughout.

For something a little more team orientated, BattleZone laser tag is great for groups looking to improve communication skills, planning and general camaraderie amongst students.



We had a fantastic time and really enjoyed the activities. Great ambience and friendly staff. I thank you to the team for their kindness.



BattleZone Laser Tag

Like paintball, but with no mess or no pain!

Challenge by Choice

As well as offering a variety of fun and inclusive challenges, our activities provide students with lots of opportunities to learn skills, realise their own limits and how to support those with *different* limits.

Sometimes the idea of doing new and adventurous things can be anxious for some, but we have plenty of tricks up our sleeve to make sure that we can adapt roles, sessions and groups so people can work at their own levels, yet be stretched just a little more when they're ready! It's very much challenge by choice!

★★★★★
A super place to visit to develop outdoor education for schools. Will be in touch about repeating for next year!



Team Problem Solving

A variety of mental and physical challenges that require groups to communicate, solve problems and work together. All challenges will be adapted for the group, are great fun and really bring a team together.

Highland Games

A true nod to Scottish culture, our mini highland games are suited to all types of groups. Your 'clan' will get to try their hand at caber toss, shot put and the welly wang, plus we'll throw in a few little extra twists along the way to keep the humour levels high. We'll then finish with a good ol' tug-o-war to really get the competitive juices flowing!

Football or Frisbee Golf

Kick off your fun with **Football Golf** or take aim with **Frisbee Golf**—the choice is yours! In Football Golf, you'll dribble, chip, and kick your way through a unique course, combining skill and laughter with every shot. Prefer something with a little more air? Frisbee Golf challenges you to navigate the course and land your frisbee in the target, testing your precision and teamwork.

Perfect for school groups on residential programs, each student can pick the activity that suits their style, ensuring everyone has a blast. Whether it's footballs or frisbees flying, the fun is guaranteed!



Team Problem Solving
Puzzles and challenges.



BattleZone Plan,
Communicate, Conquer

Residential Trips

Ideally situated in the heart of The Cairngorms National Park, just a stones throw from Grantown-on-Spey, our activity centre and dedicated residential facilities combined make the perfect base for a school trip full of adventure!

Sleeping **15 to 50 people** across our indoor bunkhouse, bothy, and tents, your students will feel **safe** and **comfortable** in bunkhouse style accommodation in a secluded and idyllic spot amongst the Cairngorms hills.

Our accommodation facilities are approximately a 45 minute scenic hike from our activity centre, but this is a great way to kick off the day and really get the excitement and anticipation for adventure flowing.

Speak to our School Trip Coordinators today and we'll work closely with you to build you a residential trip to remember. Not only will it be injected with fun and create long lasting memories for your students, but we'll make sure it delivers what you need it to deliver.

Minimum of 15 students required. We can welcome smaller groups, but a minimum payment based on 15 students will still be required.



Glenbeg Bunkhouse

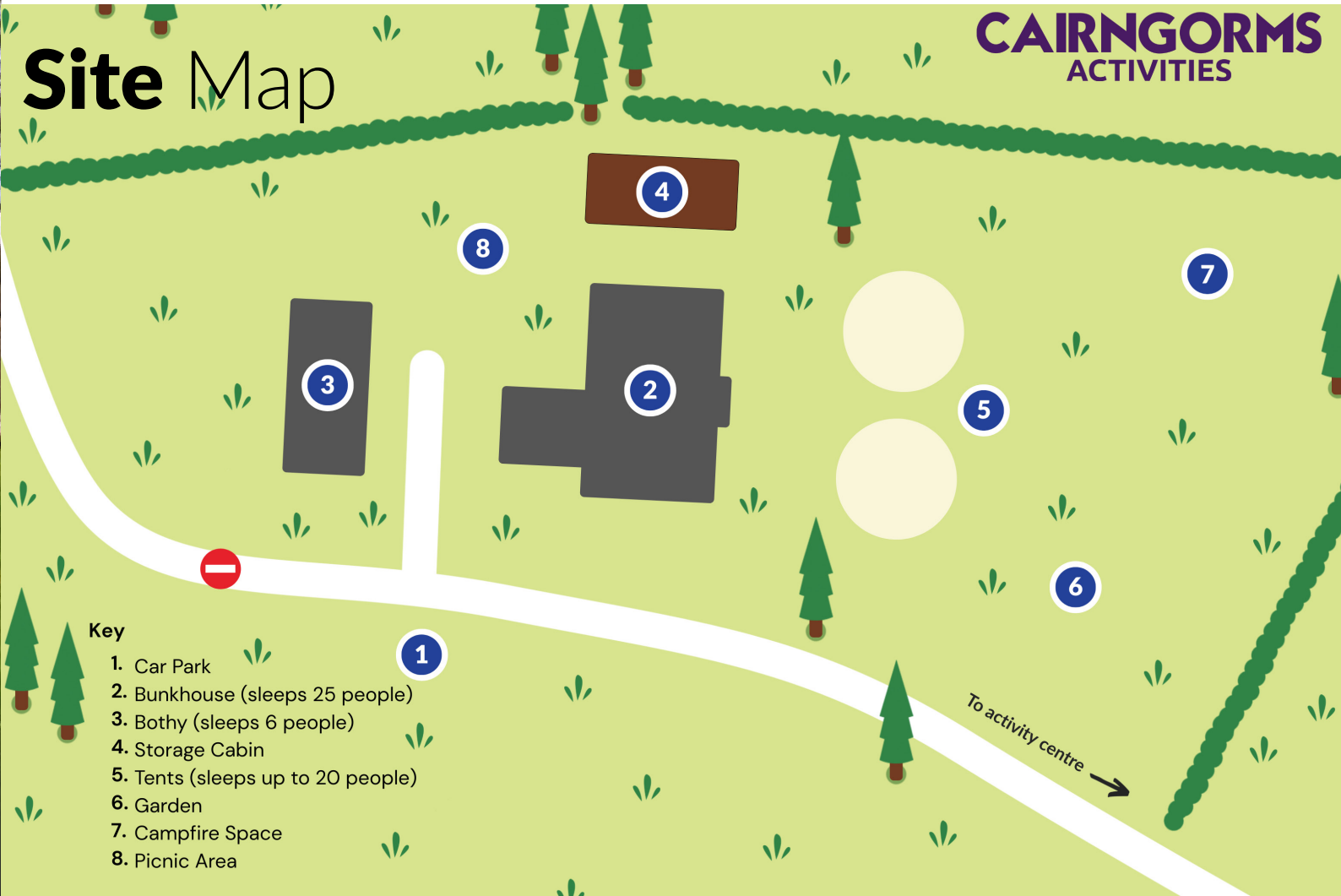
Your home away from home amongst the Cairngorms hills.

Residential Facilities

We've listed below the facilities available as part of our accommodation offering. The number of people you bring will depend on how you are split across our different sleeping quarters.

Accommodation Facilities	
Bunkhouse style accommodation sleeping up to 50 people	Included
Seperate bedrooms for teachers available	Included
Sheet, pillow and pillowcase*	Included
Catering, including breakfast, lunch and dinner for the duration of your stay*	Included
Dining area	Included
Secure outdoor garden for evening play and/or activities	Included
Toilet and shower facilities	Included
Car parking and use of coach drop off area	Included
Campfire space	Included

*Students will need to bring their own duvet or sleeping bag. Mats will be supplied for those sleeping in bell tents. All dietary requirements can be catered to. We'll provide you with menus to select your preferred meals once you've booked with us.



Bestselling 5 Day Residential

Making the most of our blend of activities, we've put together our **bestselling** 5 day itinerary. Mix up the days or request a quote to suit your needs and we'll do the rest. In most cases and depending on numbers, groups will be split across activities each day. We'll provide you with a full breakdown of this in your programme once you have booked with us.

	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Day 1					Arrivals	Lunch	SUP Adventure			Break	Dinner	Evening Activities	Walk to bunkhouse & free time	Bed
Day 2	Breakfast	Walk to centre	Canoeing		BattleZone Laser Tag			Dinner	Evening Activities		Bed			
Day 3	Breakfast		Team Problem Solving		Raft Building			Dinner	Evening Activities		Bed			
Day 4	Breakfast		Mountain Biking		Gorge Walking			Dinner	Evening Activities		Bed			
Day 5	Breakfast		Archery or Bushcraft		Depart									

5-Day Residential From

£428



Price exclusive of VAT. Our 5-day residential trips start from **£428 (+VAT) per person. Includes 4 nights bunkhouse accommodation, fully catered with 8 half day activities and evening activities. Fully qualified instructors and equipment provided. This is an example itinerary and can be customised to suit your residential trip needs. Minimum of 15 students required.*

Bestselling 3 Day Residential

Our 3 day residential package is **perfect** for schools looking for a slightly shorter trip. Available either **Monday to Wednesday**, **Wednesday to Friday** or **Friday to Sunday**, our range of activities combine to make the perfect adventurous getaway for your students. Activities can be swapped out to suit, and of course, accommodation and catering is included too.

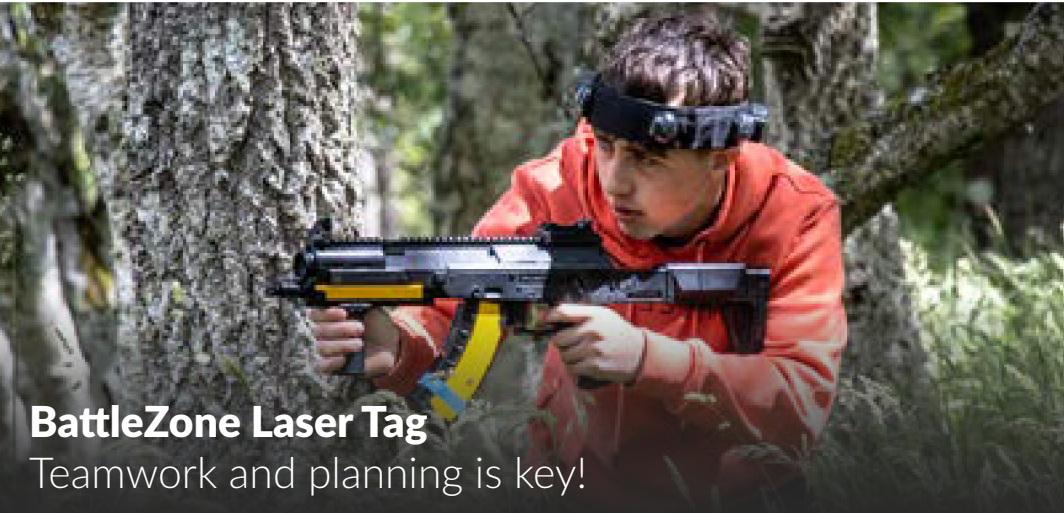
	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Day 1					Arrivals	Lunch	Archery and Team Problem Solving		Break	Evening Activities & Dinner			Walk to bunkhouse & free time	Bed
Day 2	Breakfast	Walk to centre	Water Sports		Bushcraft or Mountain Biking		Evening Activities & Dinner			Bed				
Day 3	Breakfast		BattleZone Laser Tag		Depart									

3-Day
Residentials From

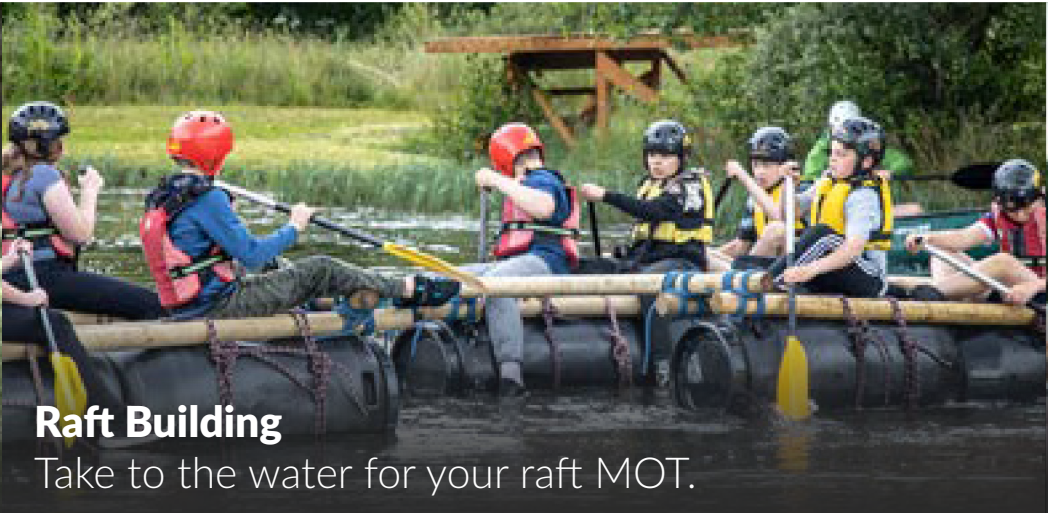
£252

3-Day
Residentials From
£252
Per Person*

Price exclusive of VAT. Our 3-day residential trips start from **£252 (+VAT) per person. Includes 2 nights bunkhouse accommodation, fully catered with 4 half day activities and evening activities. Fully qualified instructors and equipment provided. This is an example itinerary and can be customised to suit your residential trip needs. Minimum of 15 students required.*



BattleZone Laser Tag
Teamwork and planning is key!



Raft Building
Take to the water for your raft MOT.



Campfire
Sharing memories from the day together.

Stress Free Booking

Booking a day, multi day or residential trip couldn't be easier. Our School Trip Coordinators will work closely with you from enquiry through to final booking to ensure your trip meets all your requirements.

Enquire

Call our friendly team with an idea of possible dates, group numbers and your preferred activities. Or, simply choose from any of our pre-built packages to make things quick and easy! To help it make sense, we're really happy to arrange a tour of our sites beforehand.

Build Your Day

If you can't find an itinerary that quite suits we'll work with you to build a bespoke programme of activities, with details right down to the learning outcomes, logistics, catering, and kit requirements.

Deposit Payment

A 10% deposit will secure your trip.

Interim Payment

We'll then take the next 40% of your balance, sixteen weeks before your event.

Confirm

Four weeks prior to your trip we'll get back in touch with you to confirm final numbers, details and collect the final 50% balance. It's as easy as that!

Please [click here](#) for our full terms and conditions.

Call us

01479 873283

Email us

info@cairngormsactivities.co.uk

Chat to us

Click below to chat to one of our team today.

Live Chat

Booking a school trip with us couldn't be easier.

READY TO BOOK?
[CLICK HERE TO TALK](#)
TO OUR TEAM TODAY

Our Team

On hand to help you every step of the way.

FAQ's

What memberships and affiliations do you have?

All of our activities are approved by AALA, (The Adventure Activities Licencing Authority) and Learning Outside the Classroom, along with activity specific affiliations.

Can any activities be linked to the curriculum?

Of course! If you have outcomes and learning that link to the curriculum you'd like to explore, let us know. With activities that link into Physical Education, Geography, Fieldwork and local History, we'll be happy to draw those themes out during our sessions.

Can I see the site before I decide?

Absolutely! We understand how involved it can be booking activities and residentials on behalf of others and we'd happily encourage you to come and take a look and meet some of the staff who will be looking after your sessions.

How can I pay for my school trip?

You can confirm your trip with a non-refundable 10% deposit which we will invoice you for and is based on approximate numbers at the time of booking. We'll then take an interim payment for the next 40%, 16 weeks before your activity or residential date. Final numbers and remaining 50% balance are due no later than 4 weeks before an activity or residential date.

Please [click here](#) to see our full terms and conditions.

What kit do the students need to bring?

We have kit lists for both students and leaders to help with organising and packing for your trip. We will provide you with these as part of your joining instructions.

Do you accommodate students with special needs/disabilities?

Many of our activities encourage inclusion for physical, learning and behavioural difficulties. Have a chat with our team to discover which programmes and activities might suit your particular needs.

How do I get everyone involved?

We understand that challenge is different for everyone. We all have our personal comfort levels and boundaries that we struggle to cross. We've had many non swimmers in canoes, those nervous about heights supporting their friends on the rope challenges and people unable to disconnect from electronics saying "this is even better than the ipad". All our instructors are well versed in our 'challenge by choice' ethos, providing support, encouragement and choices that reflect individuality.

What quality of instruction can we expect?

All of the instructors at Cairngorms Activities are highly experienced and passionate about delivering memorable experiences. Undergoing rigorous training, our instructors will always ensure the physical and emotional safety of all participants. We operate a 'Challenge by Choice' ethos, whereby students will be encouraged to stretch at a speed and level that feels comfortable for them.

What is your approach to safety and risk assessments?

Safety of students and staff is paramount and we are very proud of our excellent school satisfaction, ratings and safety records. We have diligent staff who are constantly reviewing our developed systems and procedures, across safeguarding, risk and safe participation, refining them dynamically. Contact us if you have any specific questions or requirements from your school team or require copies of insurance documentation or risk assessments.

What are the instructor to student ratios?

All of our activities are programmed to ensure a safe ratio of instructors and assistants to students. We expect staff members to be on hand and available during sessions to support our instructor teams particularly with students who have specific needs.

Ratio	Activity
1:12	Land-based activities
1:12	Canoeing
1:8	Gorge Walking
1:20	BattleZone

Who is responsible for supervision and behaviour?

During activity sessions, our instructors will provide all necessary safety supervision and will manage the group with your guidance and support. At all other times, visiting group leaders are responsible for the supervision of students.

What happens if the weather is bad?

Our kit lists help you to come prepared! Our activities will go ahead in all weathers and we have kit and contingencies in place should it be inclement. In the event that we do need to review your activity, this being if the weather could pose a health and safety risk, such as high winds or electrical storms, an alternative will be provided where possible.

What insurance arrangements are there?

Our insurance, via Activities Industry Mutual, has been tailor made to match our range of activities; a copy of which can be provided on request. However, this does not cover loss or damage to personal property so we'd advise that valuables be left at home.



BattleZone Laser Tag
High-octane fun!



Raft Building
Build confidence and teamwork.

About Us

We consider ourselves as the 'active heart of the Cairngorms' and we're experts when it comes to delivering trips for schools that they'll remember for a *lifetime*.

Our passion and years of experience organising school trips and youth group projects allows us to offer unique and fulfilling activities that will aid both children's educational and personal development. There are so many benefits to including outdoor activities as part of educational school trips. Getting them out in the fresh air and doing something active is fantastic for their health and well-being. They'll learn new skills outside the classroom.

Approved by **AALA** and **Learning Outside the Classroom**, we can deliver standalone activities, day trips and multi-activity packages that are designed to educate outside the classroom and inspire children to try more, do more and achieve more regardless of academic or physical ability.

Inspire young people to try more, do more and **achieve more.**

HAVE A QUESTION?
CLICK HERE TO TALK
TO OUR TEAM TODAY

Canoeing

Discover the wonders of the River Spey.



Come and try an activity for *free!*

Want to see what we can offer before bringing your students? Bring along a friend, colleague or family member and come and try an activity of your choice!

Find us on



Cairngorms Activities

Craggan Golf Course
Grantown-on-Spey
Morayshire
PH26 3NT

01479 873283

info@cairngormsactivities.co.uk



M I A S

