

Pre Writing – Supporting **Literacy** and **Physical** – Dough Disco

Intent	Implementation	Skill Development	Metacognition	Impact
<p>For children to strengthen the physical dexterity of their hand muscles needed for early available weekly in Atelier to explore and reinforce hand strength alongside a focus Dough Disco session.</p> <p>Identified children have finger gym information and support shared with their family, to continue and support these skills at home.</p> <p><b>writing and pencil grip and control.</b></p>	<p>Children have their own small ball of play dough that they manipulate to a piece of music.</p> <p>A Practitioner role models particular hand movements with the play dough for the children to copy. These movements are designed to strengthen particular muscles in the hand and include i.e. squeezing, pressing, stretching their hands and rolling skills.</p> <p>The children also do Finger Gym every story time, which compliments similar hand movements, (without the play dough) to reinforce and strengthen these muscles and actions.</p> <p>Play dough is</p>	<p>Observation                      Concentration                      Collaboration                      Focusing                      Connecting                      Moving                      Physical Coordination                      Repeating                      Mirroring                      Sensory Exploration                      Following Instructions                      Cooperating                      Developing Rhythm                      Muscle Strengthening                      Improved Dexterity</p>	<p>C                      L                      L                      O                      R                      U                      Z</p>	<p>Children’s hand dexterity is strengthened</p> <p>Children’s fine motor skills are improved</p> <p>Children are able to develop a better pencil hold, moving gradually from a grasp, towards a controlled finger grip.</p> <p>Children have more control over their mark making.</p> <p>Parents have support to continue this at home in a fun and engaging way</p>

P4C – Children are encouraged to integrate caring, collaboration, critical and creative thinking into their Dough Disco Session