



Love Heart Group Plan - MetaMe

Personal, Social & Emotional Intent	Implementation	Metacognition	Intended Impact (Development Matters)
<p>To develop skills in:</p> <p>Communication through gaze, gesture, body posture, sign and language</p> <p>Behaving as part of a group: sharing, listening, respecting each other and showing care</p> <p>Safely expressing emotions within a trusted group</p>	<p>Week 1 Focus on how we feel</p>	Ahead & Back	<p>Personal Skills –</p> <ul style="list-style-type: none"> Establish their sense of self.
	<p>Week 2 Focus how we and others feel</p>	Ahead & Back	
	<p>Week 3 Special people.</p>	Connect & Divide	
	<p>Week 4 What makes us special?</p>	Question & Respond	<p>Social Skills –</p> <ul style="list-style-type: none"> Understand gradually how others might be feeling.
	<p>Week 5 Zoom in on similarities and differences</p>	Look/Listen & Zoom	
	<p>Week 6 Types of communication</p>	Look/Listen & Zoom	<p>Emotional Skills –</p> <ul style="list-style-type: none"> Talk about their feelings using words like 'happy', 'sad', and 'angry' or 'worried'. Be increasingly able to talk about and manage their emotions.
	<p>Week 7 Caring for others</p>	Use & Explain	
	<p>Week 8 Belonging – emotional responses to being part of a group</p>	Use & Explain	
P4C	Children are encouraged to integrate Caring, Collaborative, Critical and Creative Thinking during their session.		

Subject lead – Amanda Hubball

PSED enhancement lead – Kerry Whysall