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Itinerary* Sweden Study Tour 2018

Saturday 13th October

Depart the UK for Sweden

Manchester Flight: 10:00am dep (Manchester) - 13:15pm arr (Stockholm) Heathrow Flights: 06:40 am dep (Heathrow) - 10:05am arr (Stockholm)



Delegates on the Heathrow flight will gather at the airport in Stockholm for a cup of coffee and initial conversations as we wait for the Manchester flight to arrive.



Once we are all together we will board the airport bus from the airport to LILIEHOLMEN. In Liljeholmen we will be met by **Suzanne Axelsson** with our public transport cards for the whole trip and she will direct us to the tram that

will take us to Hammarby Sjöstad. This is in a nice modern area with playgrounds etc to explore.

Our accommodation is in ApartDirect, <u>Aparthotel</u> Hammarby Sjöstad where we will have free WiFi access, as well as washing and cooking facilities. We will be staying here for the 4 nights.

There will be time to settle in and possibly explore the area before we meet up again for a gathering and dinner. We are very privileged to have **Suzanne Axelsson** of <u>Interaction Imagination</u> come and share a



brief background to Swedish preschool and share the new Swedish curriculum, which was only released in August, with us.

Sunday 14th October

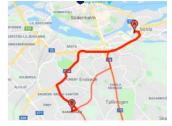
A free day to relax or go exploring!

In the evening we will be exploring a democratic approach to learning as well as a Swedish cookery evening with Suzanne which will be great fun as well as filling.



Monday 15th October

After breakfast we will take the tram from Hammarby Sjöstad to Gullmarsplan and from there change to the tunnelbana (underground... that is actually overground at this point) and take the train going towards Hagsätra which is 6 stops away to Bandhagen.



Here we will visit a traditional Swedish Preschool, Förskolan

Bränningevägen, and meet the principal, **Tuula Torro**, from 9:00 - 11:00am. They have 72 children divided into 4 groups. All groups have children between 1 to 5 years and three staff, one preschool teacher and two childminders.

After lunch we will meet **Nettan** who works and inspires as the atelierista in a few preschools in Haninge. who are currently making the transition from traditional to Reggio Emilia inspired pre-schools... they have

used the Crossing Borders exhibition exploring how digital and analog come together with a heavy focus on nature... ie exploring nature through digital mediums.

We will make our way back to Hammarby Sjöstad where we will enjoy dinner and have time to reflect together.

Tuesday 16th October

After breakfast we will make our way to the small island of Lidingö. We will take the train towards T-centralen, change trains at SLUSSEN. At Slussen we walk across the platform to continue travelling in the same direction and get on the train to Ropsten (NOT Mörby C) which is the final stop on the red line.

We will go to the Bussar exit where we will be met by Siw Linde and her husband Magnus. 32 years ago, Siw started a preschool named I Ur och

Skur (in Rain and Shine) with nature and out door pedagogy based on the Skogsmulle concept. There are now 200 preschools of that kind and some schools too.

From 9am – 11.30am we will be visiting I Ur och Skur Mulleborg and meet the principal Kajsa Källström. This was the original forest school established by Siw Linde and Susanne Drougge in 1985. Juliet Robertson featured the concept of these rain or shine schools as well as this setting in particular in this post

After a light lunch we will visit I Ur och Skur På Stubben, and meet the principal **Göran Enger**, from 13-15.30pm. This setting offers an idyllic 18th century environment in scenic Lilla Grönsta. I am intrigued by the name "In the clock and shed on the stump"

We will make our way back to Hammarby Sjöstad where we will enjoy a farewell dinner and have time to reflect together. We would have to

have an early night especially for those needing to catch the flight to Manchester.

Wednesday 17th October

Early start and breakfast before making our way back to the airport and back to the UK Manchester Flight: 07:35am dep (Stockholm) - 09:05am arr (Manchester) Heathrow Flight: 11.15am dep (Stockholm) - 12:15pm arr (Heathrow)

*Itinerary may be subject to last minute changes

FURTHER INFORMATION

Luggage necessities - Sweden can be wet and cold! Please ensure you have appropriate footwear and clothing to keep you dry and warm. We WILL spend periods of time outdoors. Layers work best as it may be very warm indoors and icy cold outdoors. As the old saying goes, "there's no such thing as bad weather, only inappropriate clothing!" Please pack sensibly – we do not need a lot of stuff, rather the right stuff.

Travel Insurance – is your responsibility, please ensure you have the right insurance for your needs

Gifts – if you would like to bring a small gift for each centre as well as for Suzanne and Siw I am sure that will be much appreciated

Don't forget to Pack - cameras, power adaptors, chargers (phone, iPad, camera), medical supplies etc. money for extras and alcohol and most importantly bring a sense of ADVENTURE and FUN.

I so look forward to getting to know you and sharing this adventure with you. Warm regards, Niki Buchan





