

## Wild Fire Cooking Course

Course led by Nicola Bettison, Earth Elves Leader

Course aims - Staff will be taught how to safely make a fire using a fire pit as well as making drinks using a Kelly Kettle. Practitioners will take away simple, tasty recipe ideas to use back in their own setting. A hands on session to help build confidence when working with children outdoors, including how to write risk assessments.

Did the course meet all your expectations?

- Yes, definitely
- The course exceeded my expectations!
- Yes above and beyond

What did you enjoy most about the course?

- Practical, helpful and laidback
- Actually having the chance to cook on the fire.
- Relaxed atmosphere with interesting and informative content



















